





## HEALTHY LIVING

*Good health may seem natural at a young age, but maintaining physical and emotional wellbeing often requires us to develop healthy lifestyle. Having a healthy lifestyle, eating well and being physically active helps children to build strong bones, Grow and develop healthily, improve their concentration and make them active and alert.*

*Jump, Run, Hop and have fun. Practice Aerobics, exercises and Dancing. Simple yoga exercises can help them to improve their immunity.*

## HEALTHY EATING HABITS

*Healthy eating habits are more likely to stay with you if learn them as a child. That's why it's important to teach children healthy eating habits so that they can stick with these habits for life long and that will help them to avoid developing chronic diseases.*

*Make sure that your ward should learn to wash hands every and now. Also train your ward to use face mask when they go out.*

## Dear Parents,

Finally, the much awaited Summer Holidays are here. It is a good opportunity to spend quality time with your children. Let's make these holidays fruitful by involving the tiny tots in some fun filled activities.

### Learning Time:

Learn to wish Good Morning, Good Afternoon and Good night.



\* Learn 5 sentences on Myself.

\* Learn Mother's and Father's Mobile number.



**Play Outdoor Games:** Ensure that children should not spend too much time on electronic gadgets as they harm the eyes and make us lethargic. So encourage your child to go for cycling, hide and seek & running etc. as these will make them active & social.



**Converse in English:** To develop the conversation skills of children in English ensure to converse small sentences in English only. Read out story books with big illustrations and after finishing the story discuss it with your child. **\*Emphasize more on phonic sounds and encourage Word Building words and Picture Talk.**

Teachers are trying to encourage the children to use simple words, phrases and sentences like:

- May I come in Ma'am?
- May I drink water?
- May I go to the toilet?
- I am feeling thirsty.
- I am feeling hungry.
- Please give me a pencil.
- Please give me an eraser etc.

**Use of Magic words like Excuse me, Sorry, Thank you, Please, May I.**





# ENGLISH

- Write Capital Alphabets A to Z (5 Times).
- Write small cursive a to z (5 Times).

Do regular practice of vowels and sounds.

Look at the picture and write the beginning sound-

4/46



an



at



an



ag



at



at



ax

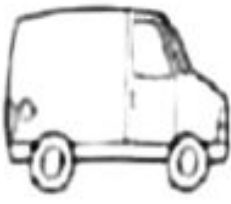






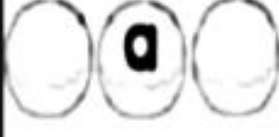





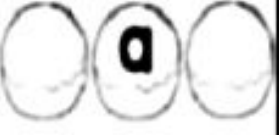

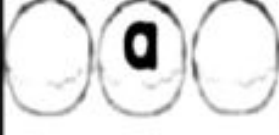



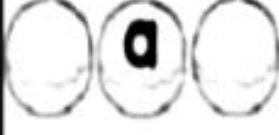


ap



am

Look at the picture and write beginning and ending sound

5/46

Fill in the missing short vowels.



t \_\_\_\_\_ p



b \_\_\_\_\_ ,

6/46



h \_\_\_\_\_ t



c \_\_\_\_\_ t

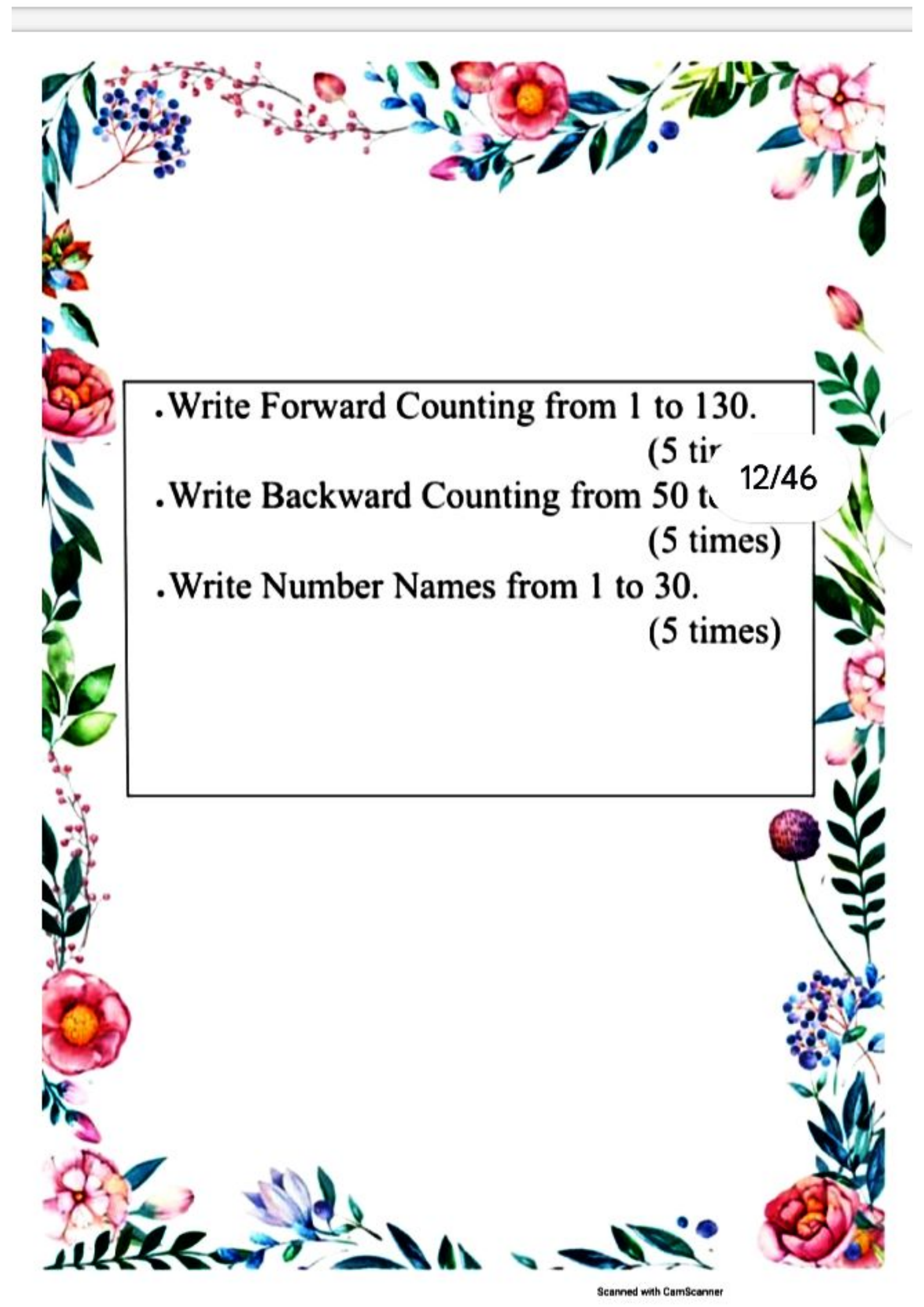


b \_\_\_\_\_ g



p \_\_\_\_\_ n





. Write Forward Counting from 1 to 130.

(5 times)

. Write Backward Counting from 50 to

12/46

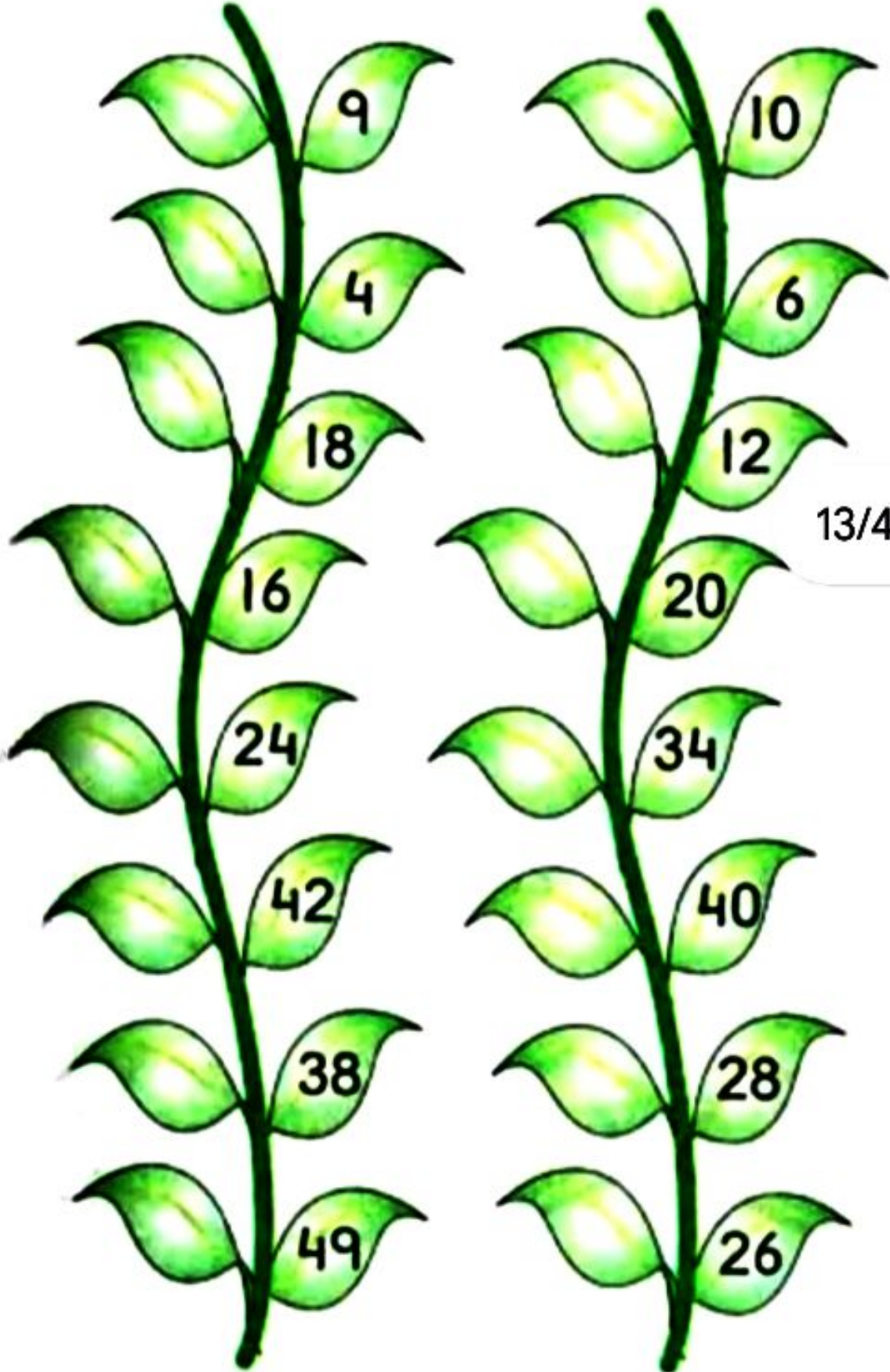
(5 times)

. Write Number Names from 1 to 30.

(5 times)



# What comes before?



13/46

## What Comes After & Before

$1 \rightarrow 2$

$15 \leftarrow 16$

$\square \leftarrow 11$

$2 \rightarrow \square$

14/46

$13 \rightarrow \square$

$23 \rightarrow \square$

$\square \leftarrow 6$

$\square \leftarrow 25$

$15 \rightarrow \square$

$21 \rightarrow \square$

Grade



Before	Between	After
_____ 6	3 _____ 5	4 _____
_____ 8	1 _____ 3	6 _____
_____ 3	4 _____ 6	1 _____
_____ 7	6 _____ 8	15/46 - _____
_____ 5	2 _____ 4	3 _____
_____ 2	7 _____ 9	7 _____

# FIND MISSING LETTERS AND WRITE

1- O N E

2- T \_ \_

3- T \_ \_ \_ E

4- F \_ \_ R

5- \_ \_ \_ E

6- \_ \_ \_

7- S \_ \_ \_ N

8- E \_ \_ \_ T

9- N \_ \_ \_

10- \_ \_ \_

11- E \_ \_ \_ \_ N

12- TW \_ \_ \_ \_

13- T \_ \_ \_ TEEN

14- FOUR \_ \_ \_ \_

15- FIF \_ \_ \_ \_

16- SIX \_ \_ \_ \_

17- SE \_ \_ \_ \_

18- \_ \_ \_ \_ \_ EEN

19- \_ \_ \_ \_ TEEN

20- TW \_ \_ \_ \_

16/46

Match the number to its name.

6

10

0

5

9

7

4

3

8

2

zero

six

five

nine

ten

four

seven

two

17/46

eight

three

## Write number words (1-10)











Grade 1 Numbers Worksheet

Trace and write the number names 1 to 10.

<b>1</b>	One	One
<b>2</b>	Two	
<b>3</b>	Three	
<b>4</b>	Four	
<b>5</b>	Five	
<b>6</b>	Six	
<b>7</b>	Seven	
<b>8</b>	Eight	
<b>9</b>	Nine	
<b>10</b>	Ten	

18/46

# Count the objects and write number and its number name

Objects	Number	Number Name
		
		
		
		
		
		
		
		
		
		

19/46



# हिन्दी

स्वर :- अ से अः तक (पाँच बार)

व्यंजन :- क से ज्ञ तक (पाँच बार)

20/46

# बिना मात्रा के शब्द

२ अक्षर वाले रिक्त स्थान भरें



न\_\_



फ\_\_



ज\_\_



घ\_\_



ब\_\_

1

21/46

ए\_\_



ख\_\_



र\_\_

ह\_\_



व\_\_



ब\_\_



ध\_\_

नीचे दिए गए 2 अक्षर के शब्दों को पढ़िए और चित्रों से मिलाइए।

Read the 2 letter words and match with pictures.



दस

नल

फल

रथ

जग

टब

घर

बस

पढ़

पग



10



22/46



# दो अक्षर वाले शब्दों का अभ्यास करें

ज + स = .....

क + द = .....

प + थ = .....

क + द = .....

अ + ब = .....

ज + ब = .....

त + ब = .....

न + थ = .....

प + ल = .....

















ट + ल = .....

शब्द (Words):

चित्र (Images):

नीचे दिए चित्रों के लिए सही शब्द लगाइए।

Drag and drop the words for the pictures.

मगर	कमल	भवन	24/46
सड़क	मटर	नमक	शहद
कटहल	बरगद	अजगर	दमकल
अदरक	कसरत	बरतन	अचकन

# तीन अक्षर वाले शब्द वर्कशीट

Three Letter Words worksheet

क + ल + म =  ख + प + त =

क + म + ल =  ग + म + न =

क + स + ल =  ख + ब + र =

क + र + न =  च + र + ण =

क + द + म =  क + फ + न =

25/46

HindiMatra.com

चार अक्षर वाले शब्दों का अभ्यास करे।

अ + च + र + ज	=	_____
अ + ज + ग + र	=	_____
ब + च + प + न	=	_____
झ + ट + प + ट	=	_____
अ + फ + स + र	=	_____
म + त + ल + ब	=	_____
ब + र + ग + द	=	_____
उ + ल + झ + न	=	_____
अ + व + स + र	=	_____
म + ख + म + ल	=	_____



SUBJECT:- E.V.S
















28/46

More like this



## CLASSIFY THE FRUITS AND VEGETABLES

FRUITS	VEGETABLES

<b>Banana</b> 	<b>Broccoli</b> 	<b>Pear</b> 	<b>Tomato</b> 	<b>Orange</b> 
<b>Avocado</b> 	<b>Pineapple</b> 	<b>Potato</b> 	<b>Strawberry</b> 	<b>Cucumber</b> 
<b>Onion</b> 	<b>Grapes</b> 	<b>Cherry</b> 	<b>Corn</b> 	<b>Mango</b> 

29/46

Can You Name all the Fruits?

Drag and Drop the name of fruit below



PAPAYA

BANANA

WATERMELON

MANGO

30/46

APPLE

AVOCADO

PINEAPPLE

ORANGE

GUAVA

Write the fruit names, Use the clues given below.



\_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_



Mangosteen  
Orange Cherry  
Grape Watermelon  
Mango Lemon  
Papaya



\_\_\_\_\_

e. \_\_\_\_\_



\_\_\_\_\_

g. \_\_\_\_\_

h. \_\_\_\_\_

Circle the fruits. Draw a square around vegetables.





Vegetable Worksheets  
**Vegetable Matching**

Draw a line from each vegetable name on the left side of the page to the matching vegetable picture.

Broccoli



Lettuce



Onion



Pepper



Carrot



Cucumber



# Match the following



⊙

➡ banana



⊙

➡ lemon



⊙

➡ tomato



⊙

➡ apple



⊙

➡ guava



⊙

➡ pineapple



⊙

➡ pear



⊙

➡ orange

Write the flower names, Use the clues given below.



a. \_\_\_\_\_



b. \_\_\_\_\_



c. \_\_\_\_\_



d. \_\_\_\_\_

frangipani      lily  
lotus      snowdrop  
daffodil  
hibiscus      daisy  
poppy



e. \_\_\_\_\_



f. \_\_\_\_\_

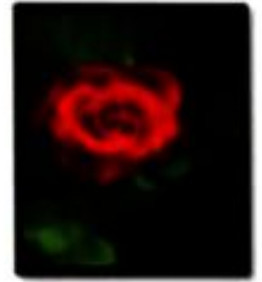
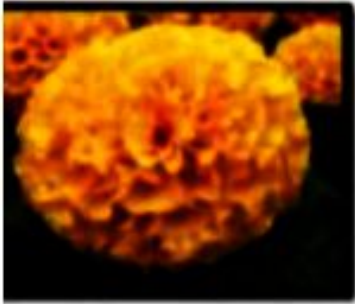


g. \_\_\_\_\_



h. \_\_\_\_\_

Identify picture and write its name:





### Name these flowers

rose

frangipanni

hibiscus

sunflower

bougainvillea

daisy

orchid

water lily

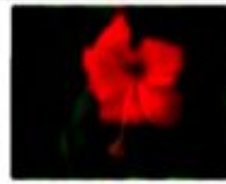
tulip

morning glory

1



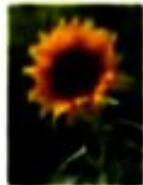
2



3



4



5



6



7



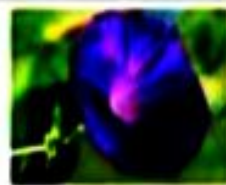
8



9



10





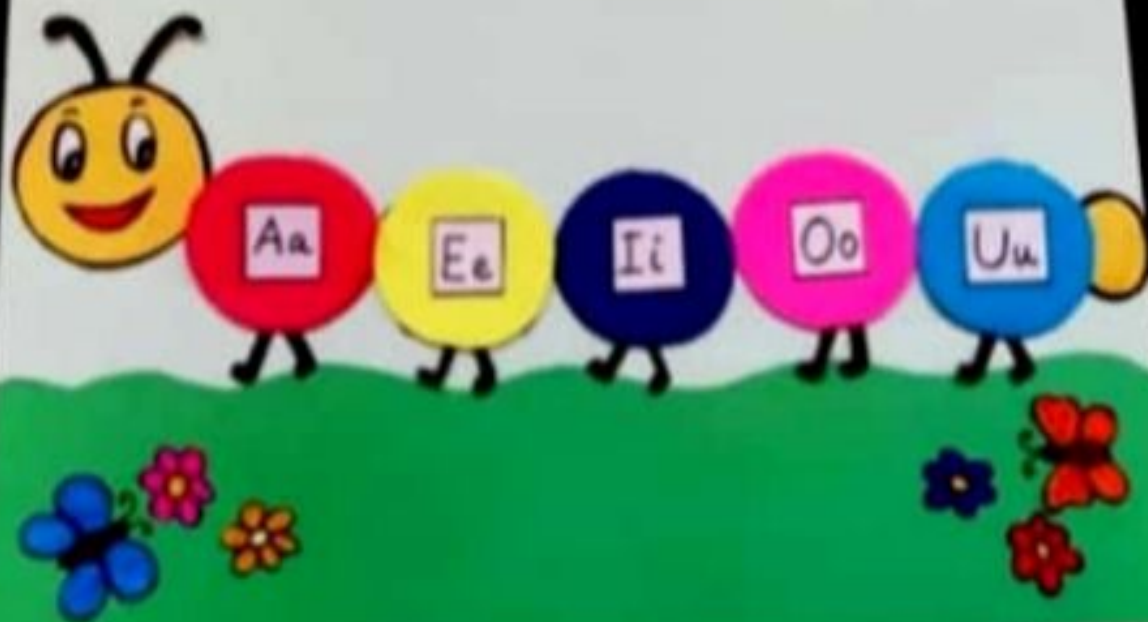
# My Holiday Activity

A

Enrichment Sheet  
Language Development  
General Awareness  
Pre Number Concepts  
Number Work  
100% FUN!!!



Draw the same picture on A4 size sheet.



**vowel activities**

Make prop with  
the help of this  
picture.

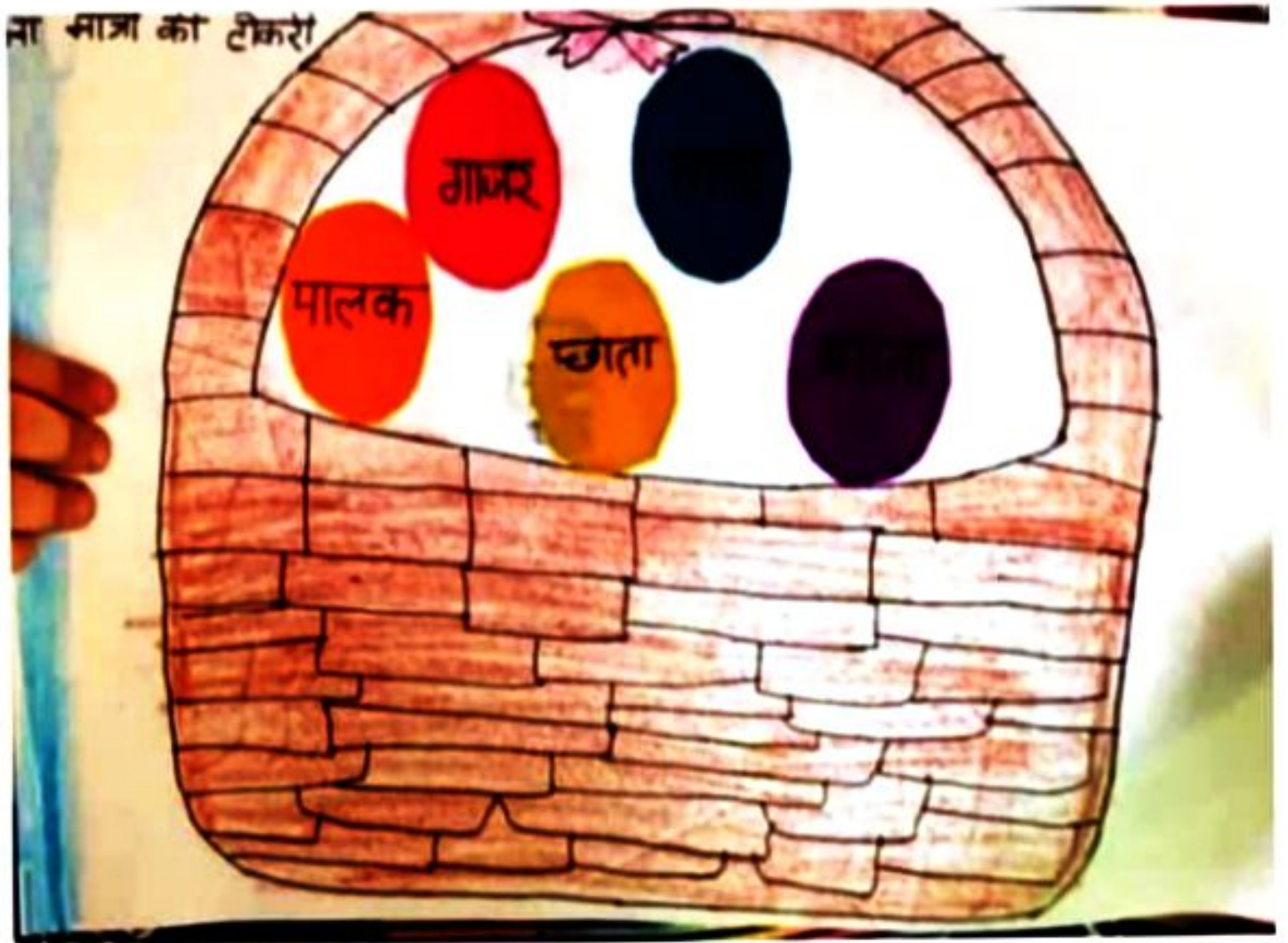


Mayanka sharma learning and time

Made With  
VivaVideo



Draw the same  
picture on A4 size  
sheet.





Make a Sense  
organs working  
project.



EYE

SEE

SKIN

TOUCH

TONGUE

NOSE

SMELL

EAR

HEAR

5

SENSES



**Happy  
Summer  
Holidays!**



**Let's take a Pledge to Put Water Bowls  
at Terrace To Save Lives of Birds**

**An Act of Compassion for Summer!!**

**Give Water, Give Life!**

